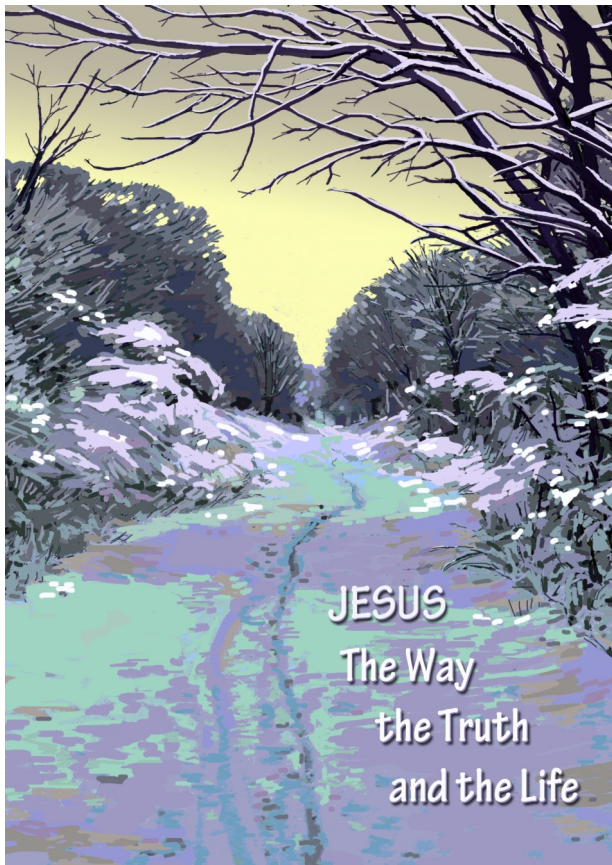




The  
United  
Reformed  
Church

# Bamford Chapel & Norden URC



## February 2020

# BAMFORD CHAPEL & NORDEN URC



Loving God, Serving Others,  
Building Community

## MISSION/VISION STATEMENT

### Worship

In our devotion we will come together to express our joy, love and thanks through worship.

We shall share our praise and dedicate it to God.

### Ministry

Through the guidance of the Holy Spirit we will show compassion and love by understanding, supporting and meeting the spiritual, the physical and the emotional needs of others.

### Evangelism

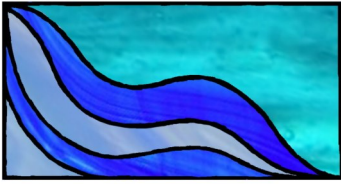
We are called as Christians to share the good news; living as examples of Christ in our everyday lives we can spread the word and love of Jesus.

### Discipleship

We as a church have a responsibility as Christians to encourage people to know God and to enable them to develop their relationship with Him through prayer, discussion, study and learning.

### Fellowship

We welcome to our church family those who want to belong. We show our love for others by sharing acts of fellowship in God's name.



# February 2020

<b>Sunday</b> <b>2<sup>nd</sup> February</b>	<b>10.30 am</b>	<b>Family Worship with Communion</b> Led by Margaret Ogden
	<b>6.30 pm</b>	<b>Missional Partnership Café Style New Songs Service (see page 2)</b> Led by Revd Richard Bradley
Monday 3 <sup>rd</sup> February	7.30 pm	Focus on Prayer Meeting In the God Squad Room
Tuesday 4 <sup>th</sup> February	8.15 pm	Tuesday Home Group Meeting In the Crèche Room
Thursday 6 <sup>th</sup> February	7.30 pm	Elders' Meeting Please pray for the Elders as they meet
Friday 7 <sup>th</sup> December	1.30 pm	Bamford and Norden Dementia Friendly Café
<b>Sunday</b> <b>9<sup>th</sup> February</b>	<b>10.30 am</b>	<b>Family Worship</b> Led by Revd Richard Bradley
	<b>6.30 pm</b>	<b>Evening Worship</b> Led by Walter Brisk
Monday 10 <sup>th</sup> February	7.30 pm	Focus on Prayer Meeting In the God Squad Room
Tuesday 11 <sup>th</sup> February	1.00 pm	Music at Lunchtime (see page 19)
<b>Sunday</b> <b>16<sup>th</sup> February</b>	<b>10.30 am</b>	<b>Family Worship</b> Led by Revd Richard Bradley
	<b>6.30 pm</b>	<b>Evening Worship with Communion</b> Led by Revd Richard Bradley

Monday 17 <sup>th</sup> February	7.30 pm	Focus on Prayer Meeting In the God Squad Room
Tuesday 18 <sup>th</sup> February	8.15 pm	Tuesday Home Group Meeting In the Crèche Room
Thursday 20 <sup>th</sup> February	7.45 pm	Hope 2020 Prayer Event In the Coffee Lounge (see page 6)
Sunday 23 <sup>rd</sup> February	10.30 am	<b>Family Worship</b> Led by Andy Platt
	6.30 pm	<b>Evening Worship</b> Led by Ken Greer
Sunday 1 <sup>st</sup> March Lent 1	10.30 am	<b>Family Worship with Communion</b> Led by Revd Richard Bradley
	6.30 pm	<b>Taizé Style Service</b> Led by Graham Savills

## New Songs Café Style Service Sunday 2<sup>nd</sup> February and 29<sup>th</sup> March



Rochdale, Bury and North Manchester  
Missional Partnership

Café Style new songs Service

@ Bamford Chapel & Norden URC

Sunday 2<sup>nd</sup> February 2020 @ 6.30pm

&

Sunday 29<sup>th</sup> March 2020 @ 6.30pm

Please put these dates in your diary

The two previous evenings have been hugely successful. We had approximately 60 people at the first one and 70 at the second one. I would encourage people to come along to experience and join in this worship service. **Thanks, Richard**

## Weekday Opportunities for Learning & Sharing Fellowship

- Monday:** 9.00 am Monday Maintenance Gang  
(who do work in or around the building)  
10.00 am Pastoral Meeting  
1.30 pm Bridge Club  
7.30 pm Focus on Prayer (God Squad Room)  
8.00 pm Monday Night Home Group
- Tuesday:** 9.00 – 11.00 am Toddlers' Group  
1.30 – 4.00 pm Indoor Bowls (Upstairs Hall)  
From 6.00 pm Rainbows, Brownies, Guides
- Wednesday:** 12 noon Luncheon Club  
6.30 pm Boys' Brigade & Girls' Association  
7.30 pm Home Group 'Exploring the Bible'
- Thursday:** 10.00 am Community Coffee Morning
- Friday:** 6.00 pm onwards Beavers, Cubs and Scouts
- Sunday:** 7.30 pm God Squad (for Teenagers)

## Fortnightly & Monthly Opportunities

- Tuesday:** **Stillness & Sharing** 4<sup>th</sup> & 18<sup>th</sup> February  
1.45 pm in lounge for Coffee: Meeting 2 - 3 pm  
**Home Group** 4<sup>th</sup> & 18<sup>th</sup> February  
8.15 pm In Crèche Room
- Thursday:** **Ladies Fellowship** 13<sup>th</sup> February  
7.30 pm (see page 16)  
**Heritage Group** 20<sup>th</sup> February  
7.00 pm (3<sup>rd</sup> Thursday in the month)
- Friday** **Dementia Friendly Café** 7<sup>th</sup> February  
(1<sup>st</sup> Friday in the month)
- Saturday:** **Ian Newman Community Film Club**  
6.30 pm refreshments 15<sup>th</sup> February (see page 24)  
7.00 pm film Admission £3.00

Further information on the **weekly notice sheet** or visit the website at [www.bcnchurch.org.uk](http://www.bcnchurch.org.uk) or speak to an Elder.

## Message from the Manse

**Pray ... that God will give many opportunities to speak about Christ.  
(Colossians 4:3 New Living Translation)**



This is the Bible verse from the Prayer 2020 information that 'Hope Together' a national organisation has invited churches to be part of this year.

I am passionate about prayer! I am a firm believer that prayer *has* to underpin everything that we do as a church. We are not only at the start of a New Year; we have a new Synod Moderator (albeit not officially inducted yet) and we are in a new chapter in the Missional Partnership. Daniel Harris has accepted the call to be one of the three ministers in the Missional Partnership and with it he brings a vast experience in youth and community work. These gifts will be essential in the furthering of mission across the Partnership.

In this year 2020 I hope prayer will continue to be a focus for us as a church. As we follow the Prayer 2020 initiative throughout the year the hope and desire is that each of the Missional Partnership churches will open up their church at some point on the 20<sup>th</sup> of each month to pray for outreach and evangelistic initiatives in the churches. Not only this, but also to pray for other churches across the country and the world as we seek, together united by our common relationship with Jesus Christ and in the power of the Holy Spirit, to share the love of God with all people.

We hear often of the mainstream denominations reducing in size... through prayer and mission activities we can reverse this trend by learning from other churches and one another to further the kingdom of God in our community. We should not be scared to share our faith story with other people. It can be hard and daunting to do it but do it we must in order to see lives transformed by God.

I want to thank Debbie Wood and Joan Warner for assisting Darren and I in the Prayer 2020 initiative both here and across the Missional Partnership.

May God bless our times of prayer.... not just each month but each day as we seek to serve and follow Jesus Christ.

**God Bless, Richard**

## Writers of the “Message from the Manse” moving forward....



At a recent Elders’ Meeting I asked the Elders to consider asking other people to write the opening article of each of the church magazines. Traditionally this has been done by “the minister” hence the title I adopted from my predecessor: “Message from the manse.” With the rise of Missional Partnerships, I thought it would be good to open this up to others. If you are willing and prepared to share a short article with a spiritual theme, then please see me and I can give you a month to write one for.

If anyone has an idea as to what the message might be called so that it is a change from “message from the manse” please also let me know.

*Thanks and God Bless, Richard*

### **Prayer for the New Year**

*Written for the Alton Community Carol Service 2018  
by Howard Sharp (retired Minister & Moderator of the URC  
and former member of Bamford Chapel)*

In a world that seems lost, show us the way.

In a world full of lies and deceit, show us the truth.

In a world that is sick and decaying, show us life and love.

And may we in our lives, our community, our nation, find the peace that Christ was born for, lived and died for and can live in us again.



**Amen**

## Prayer 2020 events throughout 2020



You might wonder what “Prayer 2020” is all about:

**“Pray in 2020 on the 20<sup>th</sup> of each month at 20:20 for 20 minutes**

**Pray ... that God will give many opportunities to speak about Christ. (Colossians 4:3 New Living Translation)**

This is the invitation from HOPE Together to Christians of all denominations.

Through Prayer 2020 we are asking God to work through all that is done in 2020 – personal witness; church outreach plans in villages, towns and cities; stadium events – evangelisation in all its many forms.

HOPE’s executive director Roy Crowne says, ‘Already this is catching the imagination of Christians around the world. 2020 is such a significant year and Prayer 2020 will be a key part of the year.’ In 2020 churches and ministries are working together for an intentional, strategic and Spirit-filled year of mission across the UK called Advance 2020. HOPE Together is one of the major partners alongside many others.

‘We want to see the gift of the evangelist released to equip the whole people of God as witnesses, so the people we love and pray for, who don’t yet know Jesus, can have an opportunity to hear about him in relevant ways and respond,’ says Roy.

Rev Canon Yemi Adedeji, HOPE’s associate director says, ‘Let’s start the year with prayer and continue to pray alone, in twos and threes, and as churches or groups of churches praying for more fruit in evangelism.’”

taken from the website:

[https://www.hopetogether.org.uk/Groups/327007/Prayer\\_2020.aspx](https://www.hopetogether.org.uk/Groups/327007/Prayer_2020.aspx)



# Prayer



An opportunity to come together to pray for people to come to faith and to ask for God's blessing on evangelistic events in 2020.

The Launch of this initiative was on Monday 20<sup>th</sup> January. But there will then be opportunities for prayer on the 20<sup>th</sup> of every month throughout 2020.

See the magazine throughout the year for more info!

*All are welcome to any of the prayer events!!*

*God Bless, Richard.*

## Something Better than Biscuits

One Sunday morning, at a small village church, the new Vicar called upon one of the congregation to lead in the opening prayer.



The man stood up, bowed his head, and proceeded as follows: Lord, I hate buttermilk and Lord I hate lard. Also Lord, I am not too keen about plain flour, but after you mix them all together and bake them in the oven, I just love the biscuits.

So Lord, help us to realise that when life gets hard, when things come up that we don't like and when we don't understand what you are doing, that we need to wait and see what you are making. After you get through mixing and baking, it will probably be something better than biscuits.

**Amen**

Editor: Nigel Beeton writes: *We have an extra day in February, and it is right at the end, just as winter gives way to spring. What a blessing!*

## ***The Leap Year***



*The calendar, one year in four  
Gives February a little more  
An extra day! We must be sure!  
To wisely use these hours*

*The weather, not as bitter cold;  
The garden weeds have gained no hold;  
The early bulbs start to unfold  
We welcome crocus flowers!*

*The sun bestows a little warmth  
The winds turn from the bitter north  
It is the time to sally forth  
From winter sanctuary!*



*Tis early spring, season sublime  
So hearken to my little rhyme -  
Enjoy the little extra time  
You have in February!*

***By Nigel Beeton***



***Happy Birthday  
Karen Gordon  
Enjoy your  
Leap Year birthday!***

## 'STOP PRESS'

The amount raised for the **Joseph Centre** project is **in excess of £8000 before gift aid**. Thank you to everyone who contributed to this wonderful amount. Paul & Gayle sent their thanks below.



*Rescue. Nurture. Restore*

A UK Registered Charity No: 1111373  
Registered in Kenya CBO No: DGSD/MSA/CBO/2012/518

*Hi Everyone*

*Greetings from Mombasa, we wish everyone a belated New Year, we trust and pray it will be a blessed one.*

*Wow just Wow! We have recently found out the HUGE amount of money you raised for the New Joseph Centre and are amazed at your generosity.*

*This centre will change so many lives both now and into the future, very possibly for many future generations. There are some families where they are in the 4<sup>th</sup> generation of living on the dump site; with your help that cycle will be broken.*

*We are still in the process of acquiring the land, and have had a couple of false starts, we are pursuing another piece of land, but it is absolutely essential that we get full legal title of the land. It is a very precarious process the purchasing of land here in Kenya. Please pray that we get the right land at the right price very soon.*

*But the great news is that once the land is obtained, we can move quickly to begin the build itself.*

*So, Thank-you and God Bless You*

*Yours in Christ - Paul & Gayle*

# ECO CHURCH

AN A ROCHA UK PROJECT

## TIP of the month



*Thank you to Ava Cooper for designing this logo for the Bamford Chapel and Norden Eco Group*

Have you heard of “FAITH IN NATURE” Products? This appears to be an advertisement, but it is our way of letting you know about products which are Eco friendly and perhaps encouraging you to try them.

Faith in Nature is one of the original beauty pioneers.



Faith in Nature was founded in 1974 in the belief that natural, ethical, products should be available to everyone.

Growing up in New York, Rivka Rose always had a passion for plants. From growing avocado seeds on her windowsill to studying herbalism, this passion flourished. And, when she moved to Scotland in the early 70s, it became Faith in Nature.

Of course, in 1974 nobody was talking about ‘green’ cosmetics. It wasn’t fashionable, and it wasn’t mainstream. But Rivka was passionate about her beliefs and her products and knocked on doors across the country until she found stockists. Those beliefs still guide her in everything she does today.

She believes that everyone should benefit from what the Earth provides.

That's why she is passionate about keeping prices affordable and using only the best natural ingredients - because only by ensuring that everyone can afford to go natural can we truly make a difference.

In business, Faith in Nature believes in making decisions that put people and our environment first. That means manufacturing locally, treating people as they would want to be treated, and being as green as they can in everything we do. And for the planet, they believe in harnessing the powers of nature, but not harming it in the process. They believe that using naturally derived, cruelty-free, vegan, ingredients is what makes their products work so beautifully.

We are all part of a system, and every one of us has the power to define that system. Our dream is to be part of the one nature intended. Everything affects everything. Beliefs and Faith. They go hand in hand.

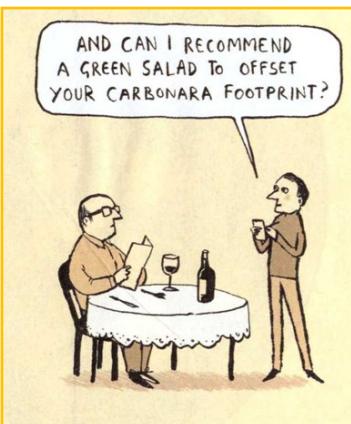
Next month I will tell you how to source the shampoo, conditioner, body wash, hand soap and skin care.

**Final Comment:**

I use Faith in Nature regularly. On the bottle of body wash in my bathroom it tells me it is made in RADCLIFFE !!! with water from the Lake District. Bottles are made from recycled PET (polyethylene terephthalate).

**Lesley Sutton (member of the Eco Church Team)**

**Website: [www.faithinnature.co.uk](http://www.faithinnature.co.uk)**



**See page 22 for  
the Eco  
“Recipe of the  
Month”**

## *Wanted*



*If you have any plant pots stored in your shed or garage, is there any chance you could let me have them for use at this year's Garden Party? Sizes ½ litre and 1 litre needed.*

*Thank you. Mike Davies*



**Heywood and Rochdale Committee  
CHRISTMAS COFFEE MORNING  
with mince pies  
Held on Thursday 5<sup>th</sup> December 2019**

**Well done to Margaret Frain and her helpers  
for raising over £700 at this very enjoyable gathering**

## *90th Birthday*

*Many thanks to all the people who 'popped in' to celebrate/acknowledge my 90<sup>th</sup>. We had no idea what would happen when we put the 'notice' up at church. We were overwhelmed at the response. It made a 'birthday' a memorable one. Thank you.*



*You will be pleased to know that as a result of your donations I was able to send £200 to the 'Alzheimer's Society.'*

*Thank you again, Sid Hazlehurst*

# The Language of Love

The writer Gary Chapman describes the 5 'love languages' as words of encouragement, quality time, gifts, acts of service and touch. Do you have a preferred 'language of love'?



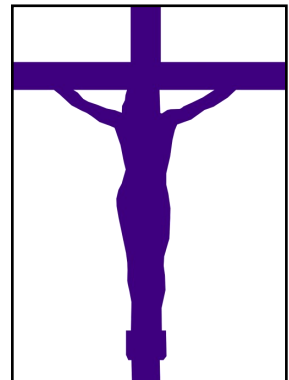
With the approach of St Valentines' Day, let's ask: what is God's love language? *'Dear children, let us not love with words or speech but with actions and in truth.'* (1 John 3:18). God's love is expressed in the word *agape*, which is exclusively found in the New Testament. Greek has a number of words for love e.g. empathetic, friendship or sexual, but *agape* is defined uniquely by Jesus. *'This is how we know what love is: Jesus Christ laid down His life for us. And we ought to lay down our lives for our brothers and sisters.'* (1 John 3:16). It provides the model for how we should love others.

*Agape love is self-giving:* it is ready to put the other person first, just as Jesus gave His life for us on the cross by dying in our place. Are we generous with our time, words, money and service to others?

*Agape love takes the initiative:* are we ready to show love to those who don't deserve it? Do we have eyes of compassion to see the needs around us and a heart to reach out to them?

*Agape love is intentional:* are we ready to get close to those in need around us, irrespective of what time we have or how we feel?

The story is told of Jesus asking a little child, 'how much do you love me?' The child replied 'lots and lots and lots!' They then asked Jesus how much He loved them. *Jesus stretched out His arms wide and said 'I love you this much', as they nailed Him to a cross.*





**Twenty Years Ago -  
December Magazine  
1999**



**“A Lad in a Manger”**

“A nativity pantomime by Michael Forster  
Friday 10<sup>th</sup> December 1999 at 7.00pm  
Saturday 11<sup>th</sup> December 1999 at 6.30pm  
Sunday 12<sup>th</sup> December 1999 at 6.00pm  
Tickets available from Lesley Sutton”

Nativity pantomimes continue to be part of our Christmas celebration. Our 2019 pantomime will be delayed until after Christmas and held on Saturday, March 21<sup>st</sup> and Sunday, March 22<sup>nd</sup> 2020. Again directed by Addie and also written by him and Ben, with Lesley selling tickets (now on sale on Sunday mornings.)

Bamford Chapel and Norden URC  
*presents the gospel pantomime*

**Doctor Watt**  
and her  
(steam-powered)  
**Time Machine**

Saturday 21 March at 7 pm  
and  
Sunday 22 March at 6.30 pm

Bamford Chapel  
Norden Road  
OL11 5PQ

Tickets  
Adults £5 Children £3  
from Lesley Sutton  
638005

**“Doctor Watt and her (steam powered)  
Time Machine”**

**Let's use time travel to take us on a journey through  
some events of the life of Jesus – oh yes we will!!**



**Costumes for the Pantomime**

This is a request for any old sheets, duvet covers or curtains which you may not need anymore. In the pantomime most of the cast will be wearing ‘bible costumes’ and following on from a meeting to discuss the costumes, we wondered whether we could recycle, rather than buy a lot of new material.

I am also looking for any left-over chunky wool which I could use.

If you have anything which may be useful, I would be grateful if you could let me have it. Also, if there is anyone else who would like to help please let me know.

**Thank you - Gillian James**



## Hosting a Refugee

Through RADAR (Rochdale Action for Destitute Asylum Seekers and Refugees) we heard about an organisation called Refugees at Home, who organise temporary placements for refugees and asylum seekers who would otherwise be homeless. As we have a spare room we decided to apply. We completed a detailed application form and had to get 2 references. Following a visit from a representative from Refugees at Home to verify us and our house, we were accepted and in early December we were asked to house a young man from South Sudan.

Ayman is 22 years old and left South Sudan a couple of years ago. He spent time in Libya where he was treated as a slave. He eventually got a boat and sailed to Italy. Two of his friends were drowned on the journey. He spent time in Italy, France and Belgium, where he suffered racist abuse and mostly lived on the streets.



He has been in the UK for 9 months now and has leave to remain, which means he is now classed as a refugee rather than an asylum seeker. After a 6 week wait he now gets universal credit and help from the job centre to find a job.

He was a lovely young man and keen to help. Twice he thoroughly cleaned downstairs and often insisted on washing up for us, which was great when I was in the middle of preparations for Christmas. He even cooked us 2 Sudanese meals.

We had told the organisation that we could not accommodate him after 23 December as family were coming for Christmas. We were quite worried about what would happen to him but our prayers were answered. Three days before he was due to leave he got a phone call to say accommodation in Bury was available for him on 23 December. He has a small flat, sharing with another young man, with a bathroom, kitchen, living room and his own bedroom with basic furniture and equipment.

Having Ayman staying with us was an interesting and rewarding experience. If you would like to know more about Refugees at Home we would be happy to talk about it. ***The Redmonds***



## Ladies Fellowship



Thirty-five ladies enjoyed the Annual Christmas meal on 12th December at The Church Inn, Birtle. Thank you once again to Lesley Hynes for organising the whole event.

Unfortunately, one of our group became ill during the evening. She was taken home by two friends who returned later for their meal. We wish her a return to good health soon.



In January we welcomed Brian Clegg who came to talk to us about the history of Bamford.

We learned about the many churches that were originally in the area, showing us maps where they were located. We also heard about the farms and their involvement in the local community. We

were told of the local mills that had been built together with the houses for the workers. Many photos were shown throughout the evening with people commenting about their location and memories of days gone by including buildings and who lived in them. Brian also talked about his own memories of growing up on Bury Road and sledging down Arnside Drive when it was just a hill.

It was a very informative and interesting meeting and we hope that Brian will be with us next year to deliver 'Bamford Part 2'.

Next year, in 2021, it is the 220<sup>th</sup> anniversary of the chapel and our own Heritage Group are hoping to put on an evening celebrating the History of Bamford Chapel. We'll keep you informed.

The meeting on February 13<sup>th</sup> will be a presentation by people from the Rochdale Children's Moorland Home.

**Linda Kerford**



# The National Trust for Places of Historic Interest or Natural Beauty

commonly known as the National Trust, is an independent charity and membership organisation for environmental and heritage conservation in England, Wales and Northern Ireland.

On the 12<sup>th</sup> January 1895 The National Trust was founded. One of its co-founders, Octavia Hill wrote this:-

**Our lives are overcrowded, over- excited, over- strained**  
**We all want quiet**  
**We all want beauty**  
**We all need space**  
**Unless we have it we cannot reach that sense of quiet**  
**In which whispers of better things come to us gently**

This was written 125 years ago. These words in bold still apply in 2020. Not a lot has changed except for the opportunity to visit the wonderful places now protected by the National Trust. We live in a beautiful area. Escape to the tranquillity of the countryside if you can. Its benefits are immeasurable. We need to reach that sense of quiet.



**Lesley Sutton**

## Middy Concerts

Because there was no separate church magazine for January, we missed the opportunity to review the concert in December, when we welcomed yet another artiste new to us – Greta Gasser, a pianist whose home was in Romania but now based, like so many young performers, in Manchester. She had approached us asking if she might play at Bamford, and in the event she proved a delightful choice. She presented a richly varied programme and was much enjoyed by our audience.

In January, we encountered a problem never experienced here before. Our expected guests, the renowned A4 brass quartet, contacted us to say that their date with us had not been confirmed, and they had accepted a booking elsewhere. This news arrived on 28<sup>th</sup> December! I had to make a speedy decision because of the New Year holiday, and I was fortunate

enough to obtain the services of an old friend, Mike Manship. Within a couple of hours, he had found two colleagues to form a jazz trio. He himself should have been playing in a matinee at the Royal Exchange Theatre on our January date, but was able to arrange for a deputy there. A large audience was, as I had hoped, enthralled by the return of Mike and his trio, and I shall always be grateful to him for taking us on at such short notice.



I am still waiting to hear from the quartet whether they are willing to come to us during our next season.

In February, on the 11<sup>th</sup> we look forward to the return of Anna Rosa Mari, whom we previously heard on the flute. She has organised a quintet of performers of baroque music and was eager for us to give them a hearing. Once again, these are young musicians associated with RNCM seeking to make their way as professionals. They will play on period instruments, and their programme should make a big contrast with the other artistes we have heard since October, or even at any time! Do support us and them. Without you, we miss the most important ingredients of our concert programme!

**Walter Brisk**



**Music at Lunchtime**  
**At Bamford Chapel & Norden URC**

***Tuesday 11<sup>th</sup> February***  
***Anna Rosa Mari's Baroque Quintet***

***Concerts start at 1.00 - 2.00 pm***

***Concert Admission £4.00***

***Lunch items priced individually***  
***are available from 12.15 pm***

### **Church Membership**

I wonder if you have ever considered Church Membership. This is not the same thing as attending Church. Church Membership is a commitment to the local Church and a step along someone's faith journey. It is a way of committing to the local church and taking part in the meetings that make decisions about our work as a church.

If you are interested in hearing more, please speak to Richard who will run two sessions for those who might be interested. Attending the two sessions does not mean you have to commit to Church Membership; there will be opportunities to hear something about the URC and to share together and seek answers to questions. Usually the meetings take place after a Sunday service for an hour. This can be changed to another suitable time if it is not a good time for the majority.

I look forward to hearing from any of you.

***God Bless, Richard***

*Bamford Chapel & Norden*



The  
United  
Reformed  
Church



Fairtrade craft,  
raffle & cake stall

Big Brew  
Sunday 1 Mar



Sunday 1 March  
Look out for Fabulously Fantastic  
Fair Trade Fred aka Banana Man



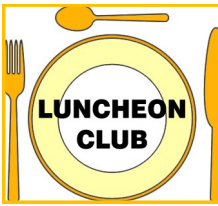
Bacon butty breakfast  
Saturday 7 March  
10.00 – 12.00

Thursday 20 February  
10 - 12  
Including cake stall

COMMUNITY  
COFFEE  
MORNING







## 5 Stars again for Luncheon Club



An inspection was carried out by a Local Council food hygiene Inspector on Wednesday the 15th of January. This is a periodic, unannounced visit on an approximately two-yearly cycle.

I am delighted to tell you that our 5 Star rating has been retained.

This is an immense credit to everyone involved in food preparation and serving for the Luncheon Club.

A comment from the Inspector was that many 'community' kitchens are better than professional outlets. He was impressed enough to stay for his lunch with our members!

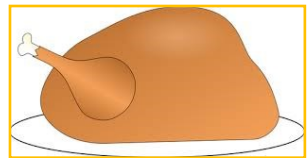
I don't plan on inviting him every week though.

Once again, thank you to you all for your regular commitment and dedication to maintaining high standards.

**Pat Stephenson**  
**Luncheon Club Co-ordinator**

### *# Three Metatarsals on Christmas Eve*

*Thank you for the lovely flowers Elizabeth Greer delivered to me between Christmas and New Year. Unfortunately I fractured three bones in my left foot on Christmas Eve, which meant the turkey went in the freezer not the oven! Who needs turkey? We still had a lovely time with a starter and Christmas pudding and we can still look forward to a turkey dinner in February!*



*Many thanks again for the prayers and good wishes from the church. Kind regards, Susan Travis*

# Stuffed Cabbage Rolls with Tomato Sauce

Ingredients. (can easily be adapted)

50g butter or olive spread  
4 large red onions, finely sliced  
2 tsp light brown sugar  
3 garlic cloves, finely chopped  
10 fresh thyme sprigs or 1 tsp dried  
8 large cabbage leaves (savoy recommended) or can use spring greens  
250g cooked basmati rice  
400g tin green lentils, drained and rinsed  
100ml vegetable stock, hot  
Small bunch of fresh basil or again use dried



## For the Tomato sauce

Olive/veg oil  
1 large onion  
2 crushed garlic cloves  
2 x 400g tins chopped tomatoes  
100ml red wine, don't skimp on the quality as you will need to drink the rest whilst preparing and eating the meal  
1 tbsp caster sugar  
2 tbsp dried oregano

## To make the sauce

Heat the oil in a deep frying pan, fry onion for 10 minutes, add garlic cook for 1 minute, add tomatoes, wine, sugar and oregano, cover and simmer over medium heat for 30-35 minutes, season with salt and pepper to taste.

## For the filling

Heat 30g butter in a large deep frying pan, fry onion with sugar for 15 minutes until begins to brown, add garlic and thyme for 2 minutes then spoon onto a plate.

While frying the above, prepare the cabbage, put in a steamer or colander, cover and cook for 4-5 minutes, remove and let cool slightly then cut out thick stem in a V shape.

Heat the remaining butter in the same pan used to cook the red onions, stir in rice and lentils until well coated, pour in veg stock and bubble for



2-3 minutes until well reduced, season with salt and pepper, stir in the basil followed by reserved onions mix.

### **Assembly**

Lay a cabbage leaf flat on a board, put an eighth of the filling along the centre spine leaving 3cm free at each end. Fold in the ends over the filling, fold over one side to cover the filling and the folded ends, roll the now covered part of the filling onto the other side of the cabbage leaf to complete the parcel.

*Laugh at your efforts, take a swig of wine and do the others.*

Heat the oven to 180C/160C for fan/gas 4. Put the stuffed leaves in a large serving dish with the seam down, pour over the sauce, cover and cook for 10 minutes, uncover, scatter with basil and serve with the following which you will have made first.

## **Beetroot and Feta Soda Bread**

3 small beetroot (about 250g) peeled and coarsely grated  
500g plain white flour, little extra for dusting  
1 tsp bicarbonate of soda  
1 tsp fine sea salt  
360ml of buttermilk  
200g feta, crumbled  
Fresh rosemary sprigs to decorate

Heat the oven to 200C/180 fan/gas 6, put beetroot into a clean piece of muslin or j-cloth and squeeze out as much liquid as possible

Put the flour, bicarb and salt in a large mixing bowl and stir to combine, pour in buttermilk using a wooden spoon. When it has almost come together as a dough tip it out onto a clean surface and knead in the grated beetroot and crumbled feta, once combined shape the dough into a ball and flatten slightly.

Dust a baking sheet with flour, transfer the loaf to the baking sheet, then stud the outside with rosemary sprigs, bake for 30 minutes until golden and cooked through, allow to cool before slicing.

*Congratulate yourself with another glass of wine, then serve the above.*

*You may need to open another bottle of wine for your guests.*

**Cameron Baines**

**CINEMA  
FOR ALL**



**THE IAN NEWMAN COMMUNITY FILM CLUB**  
**at Bamford Chapel & Norden URC,**  
**Norden Road, ROCHDALE OL11 5PQ**

**(Every 3rd Saturday in the Month)**

**£3 admission (including refreshments)**

**6.30pm Refreshments 7.00pm Film**

**Saturday**

**15th February 2020**

**“Christopher Robin” PG**

**Starring Ewan McGregor & Hayley Atwell**

**Supported by  
Rochdale  
Township**





**THE IAN NEWMAN COMMUNITY FILM CLUB**  
**at Bamford Chapel & Norden URC,**  
**Norden Road, ROCHDALE OL11 5PQ**  
**Refreshments at 6.30pm, film starts at 7.00pm**

**15<sup>TH</sup> February : “CHRISTOPHER ROBIN” PG** 2018 1 hour 44 mins A working class family man, Christopher Robin, encounters his childhood friend, Winnie-the-Pooh, who helps him rediscover the joys of life. Starring Ewan McGregor, Hayley Atwell.

**21st March : Bamford Chapel and Norden URC “Pantomime”**  
**“DOCTOR WATT AND HER (STEAM POWERED) TIME MACHINE”**  
**7.00pm Adult: £5 Child [under 12] £3 and**

**22<sup>nd</sup> March : 6.30pm Tickets from Lesley Sutton on 01706 638005**

**18<sup>th</sup> April : “ANOTHER MOTHER’S SON” 12** 2017 1 hour 43 mins Based on the true story of Louise Gould. Set during WWII on the Nazi occupied island of Jersey. Lou takes in an escaped Russian POW and hides him over the war’s course. Starring Jenny Seagrove, Ronan Keating, John Hannah.

**16<sup>th</sup> May : “VICTORIA AND ABDUL” 12** 2017 1 hour 51mins Queen Victoria strikes up an unlikely friendship with a young Indian clerk named Abdul Karim. Starring Judi Dench, Ali Fazal, Tim Piggott-Smith.

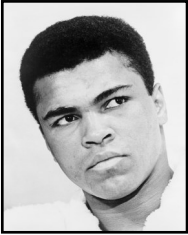
**20<sup>th</sup> June : “STAN AND OLLIE” PG** 2019 1 hour 38 mins The world’s most famous comedy duo attempt to reignite their film careers as they embark on what becomes their swan song. Starring Steve Coogan and John C Reilly.

**18th July : “THE KEEPER” 15** 2018 2 hours A British-German biographical film starring German actor David Kross as the footballer Bert Trautmann. Although the subject of the film was a sportsman, the film has been described as “not primarily a sports film” but instead a drama. Also starring John Henshaw, Dervla Kirwan, Freya Mavor.

**15th August : “WITNESS” 15** 1985 1 hour 52 mins When a young Amish boy is sole witness to a murder, policeman John Book goes into hiding in Amish country to protect him until the trial. Starring Harrison Ford and Kelly McGillis.  
***Come along to re-live this classic crime/drama/romance which received Academy Awards for best original screen play and best film editing.***

**Supported by Rochdale Township**

# Ali and Friendship



You don't have to be a fan of boxing to appreciate that there was something special about Muhammad Ali. During a TV discussion with Michael Parkinson in 1974 on the subject of friendship, Ali quoted the following poem which he had written.

Friendship is a priceless gift  
That cannot be bought or sold,  
But its value is far greater  
Than a mountain made of gold.  
For gold is cold and lifeless,  
It can neither see nor hear  
And in time of trouble  
It is powerless to cheer.  
Gold has no ears to listen,  
No heart to understand,  
It cannot bring you comfort or  
Reach out a helping hand  
So when you ask God for a gift,  
Be thankful if He sends  
Not diamonds, pearls or riches  
But the love of real true friends.

*Courtesy of John Farrow (Association for Church Editors)*

***Ability is what we are capable of doing;  
motivation determines what we do;  
attitude determines how well we do it.***

# To Make you Smile....



I was reading the books section in the newspaper and found this which may tickle people. They're from the late historian John Julius Norwich's annual pamphlets of amusing snippets, and the best bits have been put in a book "The ultimate Christmas cracker."

These are two extracts from an American parish magazine culled over a number of years.

***"This being Easter Sunday, we will ask Mrs Lewis to come forward and lay an egg on the altar."***

***"At the evening service tonight, the sermon topic will be "What is hell?" Come early and listen to our choir practice."***

**Diane Healey**

## Hymns for Professionals

**Dentist:** Crown Him with many crowns...

**Contractors:** The Church's one foundation...

**Obstetricians:** Come labour on...

**Golfers:** There is a green hill far away...

**Politicians:** Standing on the promises...

**Librarians:** Let all mortal flesh keep silent...

**(Courtesy of Parish Pump)**




## Church Flowers

Donations for flowers placed in church  
in January were received from:

**Karen Bentham in memory of Mum and Dad Jim and Joan**


**Lyn Jefferies in memory of Mum Sheila Thomas**

**Elizabeth Hazlehurst in memory of Dad Terry Brierley**

WORLD DAY OF PRAYER 2020 

Praying with Zimbabwe

**FRIDAY 6<sup>TH</sup> MARCH**



World Day of Prayer  
Service 2.30pm

**CUTGATE BAPTIST  
CHURCH.**

A SERVICE FOR EVERYONE

**Rise!** Take Your Mat and Walk

www.wvwdp.org.uk



# Lifeboats

Thank you very much for all the stamps for RNLI. Please continue to save them and pass them onto me as I send them throughout the year.

**Pamela Harrington**

*Dear friends,*

*Thank you so much for the lovely roses, card and good wishes we received on the occasion of our 65<sup>th</sup> Wedding Anniversary which we celebrated on the 18<sup>th</sup> December. It was so kind of you and much appreciated.*



*Kind regards, Neil and Marigold*

**T4U** *Teams 4 U Shoe Box Appeal*

*Thank you to everyone who contributed in any way to the "Teams 4 U" shoe box appeal. The grand number of 3,368 boxes was collected in this area; nationally 64,064 were collected.*

*Thanks again, Carol Hartley*

## **BAMFORD CHAPEL & NORDEN URC MAGAZINE**

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## **DATES FOR THE MARCH MAGAZINE**

**Articles to be handed in by:**                      Sunday 16th February

**Magazine to be completed by:**                      Thursday 27th February

**Magazine distributed:**                      Sunday 1st March

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**United Reformed Church**

Charity - Reg'd No 1128387

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**Times of Services:**

Family Worship : 10.30 am : Holy Communion 1<sup>st</sup> Sunday in month

Evening Worship : 6.30 pm : Holy Communion 3<sup>rd</sup> Sunday in month